

Event 101
8 OCT 2026 - 18:02

Women's 400m Freestyle

Results Summary

Event Number 1

	Record	Splits	Name	NAT Code	Location	Date
WR	3:50.25	55.14 1:53.53 2:51.94	McINTOSH Summer	CAN	Budapest (HUN)	10 DEC 2024
WC	3:51.87	55.75 1:54.10 2:53.22	PALLISTER Lani	AUS	Toronto (CAN)	23 OCT 2025

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
1	2	3	PEPŁOWSKI Anna	CLB	25 SEP 2002	0.73	4:00.25	880
	25m 13.13	50m 27.76	75m 42.70	100m 57.75	125m 1:13.01	150m 1:28.20	175m 1:43.63	200m 1:58.72
		14.63	14.94	15.05	15.26	15.19	15.43	15.09
225m 2:13.90	250m 2:29.23	275m 2:44.57	300m 2:59.91	325m 3:15.01	350m 3:30.15	375m 3:45.34		
15.18	15.33	15.34	15.34	15.10	15.14	15.19	14.91	
2	2	4	COLBERT Freya	GBR	8 MAR 2004	0.67	4:00.52	877
	25m 13.08	50m 27.70	75m 42.54	100m 57.39	125m 1:12.45	150m 1:27.61	175m 1:42.84	200m 1:58.13
		14.62	14.84	14.85	15.06	15.16	15.23	15.29
225m 2:13.53	250m 2:28.89	275m 2:44.42	300m 2:59.83	325m 3:15.31	350m 3:30.64	375m 3:45.95		
15.40	15.36	15.53	15.41	15.48	15.33	15.31	14.57	
3	2	5	DEANS Caitlin	NZL	5 DEC 1999	0.73	4:01.76	863
	25m 13.16	50m 27.75	75m 42.55	100m 57.56	125m 1:12.68	150m 1:27.91	175m 1:43.08	200m 1:58.43
		14.59	14.80	15.01	15.12	15.23	15.17	15.35
225m 2:13.81	250m 2:29.27	275m 2:44.81	300m 3:00.25	325m 3:15.68	350m 3:31.19	375m 3:46.66		
15.38	15.46	15.54	15.44	15.43	15.51	15.47	15.10	
4	2	7	KOBORI Waka	JPN	10 AUG 2000	0.68	4:01.81	863
	25m 13.32	50m 28.11	75m 43.15	100m 58.30	125m 1:13.64	150m 1:29.06	175m 1:44.49	200m 1:59.91
		14.79	15.04	15.15	15.34	15.42	15.43	15.42
225m 2:15.23	250m 2:30.65	275m 2:46.09	300m 3:01.42	325m 3:16.81	350m 3:32.01	375m 3:47.22		
15.32	15.42	15.44	15.33	15.39	15.20	15.21	14.59	
5	2	2	GAN Ching Hwee	SGP	22 JUL 2003	0.61	4:02.44	856
	25m 13.33	50m 27.89	75m 42.81	100m 57.85	125m 1:13.07	150m 1:28.23	175m 1:43.61	200m 1:58.97
		14.56	14.92	15.04	15.22	15.16	15.38	15.36
225m 2:14.44	250m 2:29.77	275m 2:45.33	300m 3:00.76	325m 3:16.45	350m 3:31.93	375m 3:47.63		
15.47	15.33	15.56	15.43	15.69	15.48	15.70	14.81	
6	2	8	FAN Yaqi	CHN	12 FEB 2011	0.51	4:03.29	847
	25m 13.23	50m 28.10	75m 43.33	100m 58.57	125m 1:14.03	150m 1:29.55	175m 1:44.87	200m 2:00.43
		14.87	15.23	15.24	15.46	15.52	15.32	15.56
225m 2:15.74	250m 2:31.22	275m 2:46.63	300m 3:02.18	325m 3:17.46	350m 3:33.06	375m 3:48.54		
15.31	15.48	15.41	15.55	15.28	15.60	15.48	14.75	
7	2	1	COETZEE Dune	RSA	14 MAY 2002	0.70	4:07.02	809
	25m 13.20	50m 28.00	75m 42.85	100m 57.89	125m 1:13.03	150m 1:28.39	175m 1:43.95	200m 1:59.45
		14.80	14.85	15.04	15.14	15.36	15.56	15.50
225m 2:15.09	250m 2:31.21	275m 2:46.77	300m 3:02.79	325m 3:18.73	350m 3:35.00	375m 3:51.22		
15.64	16.12	15.56	16.02	15.94	16.27	16.22	15.80	
8	2	0	SOROKINA Kseniia	CLB	1 FEB 2010	0.73	4:15.78	729
	25m 13.18	50m 28.87	75m 44.47	100m 1:00.50	125m 1:16.36	150m 1:32.52	175m 1:48.82	200m 2:05.39
		15.69	15.60	16.03	15.86	16.16	16.30	16.57
225m 2:21.74	250m 2:38.21	275m 2:54.81	300m 3:11.56	325m 3:27.98	350m 3:44.43	375m 4:00.56		
16.35	16.47	16.60	16.75	16.42	16.45	16.13	15.22	
9	2	9	AIDARALIEVA Aiymkyz	KGZ	23 MAR 2010	0.81	4:19.48	698
	25m 14.05	50m 29.16	75m 44.75	100m 1:00.76	125m 1:16.78	150m 1:32.86	175m 1:49.38	200m 2:06.06
		15.11	15.59	16.01	16.02	16.08	16.52	16.68
225m 2:22.87	250m 2:39.59	275m 2:56.37	300m 3:13.14	325m 3:30.01	350m 3:46.85	375m 4:03.85		
16.81	16.72	16.78	16.77	16.87	16.84	17.00	15.63	
10	1	4	ZELINSKAYA Anastasiya	UZB	21 APR 2004	0.82	4:23.75	665
	25m 14.23	50m 29.95	75m 45.69	100m 1:01.99	125m 1:18.21	150m 1:34.79	175m 1:51.39	200m 2:08.25
		15.72	15.74	16.30	16.22	16.58	16.60	16.86
225m 2:24.93	250m 2:41.98	275m 2:58.81	300m 3:15.92	325m 3:32.89	350m 3:50.23	375m 4:07.61		
16.68	17.05	16.83	17.11	16.97	17.34	17.38	16.14	
11	1	5	CHEANG Weng Chi	MAC	13 APR 2006	0.78	4:30.05	619
	25m 14.16	50m 30.05	75m 46.46	100m 1:03.20	125m 1:20.28	150m 1:37.12	175m 1:54.32	200m 2:11.46
		15.89	16.41	16.74	17.08	16.84	17.20	17.14
225m 2:28.61	250m 2:45.78	275m 3:03.24	300m 3:20.77	325m 3:38.17	350m 3:55.72	375m 4:13.31		
17.15	17.17	17.46	17.53	17.40	17.55	17.59	16.74	

Official Timekeeping by Omega

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Results Summary

Event Number 1

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
12	1	3	SAMAD Kamila	UZB	23 DEC 2011	0.78	4:49.55	502
	25m 14.57	50m 31.37	75m 48.58	100m 1:06.24	125m 1:24.41	150m 1:42.54	175m 2:00.96	200m 2:19.97
		16.80	17.21	17.66	18.17	18.13	18.42	19.01
	225m 2:38.90	250m 2:57.52	275m 3:16.51	300m 3:35.62	325m 3:54.43	350m 4:13.38	375m 4:31.47	
	18.93	18.62	18.99	19.11	18.81	18.95	18.09	18.08

Legend:

R.T. Reaction Time **WC** World Cup Record **WR** World Record

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